



I Am Moving, I Am Learning

Become leaders in the initiative to start children on a path to good health with IMIL training.

This training for child care providers will provide participants with information and activities to increase moderate to vigorous physical activity for children and promote healthy nutrition. We will participate in movement activities and discuss ways to incorporate healthy nutrition and physical activity into your daily routine. Participants will receive certificates for attendance and materials to support movement activities for children.

While there is no cost for this training registration by October 22nd is required.

To register contact:
Deb Frates
ESU 16
308.284.8481
dfrates@esu16.org

Upcoming Training

October 25, 2012
6:30 to 8:30 PM CST
ESU 16
314 West 1st Street
Ogallala, NE



Sponsored by:
High Plains Early Learning Connections
Partnership, ESU #16,
and UNL Extension