Nebraska Office of Health Disparities and Health Equity

Mission:

Improving health outcomes for culturally diverse populations in Nebraska.

Vision:

Health Equity for all Nebraskans.

Core Functions:

- Promote and provide training on cultural competency to improve access to health services for racial ethnic minorities.
- Provide relevant data to assess and identify health status of racial ethnic minorities.
- Increase awareness of major health problems of racial and ethnic minorities and factors that influence health.
- Identify needs and expand community-based health promotion and disease prevention outreach efforts.
- Establish and strengthen networks, coalitions, and partnerships to identify and address health problems.
- Collaborate with public health partners to develop and promote programs and practices to achieve health equity.

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AA/ EOE/ ADA

Department of Health & Human Services
DHHS
NEBRASKA

Lay Health Ambassador Program

Nebraska Office of Health Disparities & Health Equity

L.H.A.P.

Nebraska Office of Health Disparitites & Health Equity

FH-PAM-14 12/12 (99982)

What is a Lay Health Ambassador?

Lay Health Ambassadors (LHAs) are members of the community who build community capacity by increasing health knowledge and empowerment through a range of activities such as outreach, community education, social support, and health promotion.

How can L.H.A.'s help?

- Help spread positive health messages to their own community.
- Be a link between the Office of Health Disparities and Health Equity, health departments, and other community and state organizations.
- Facilitate access to health/social services and improve the quality and cultural competence of service delivery.

Who can be an L.H.A.?

- Eighteen years old and above
- Living in Nebraska
- People who are trusted in the community
- Bilingual/bicultural
- No formal education is required

L.H.A.P. Program Goals

- Identify needs and expand community-based health promotion and disease-prevention outreach efforts in Nebraska.
- Increase awareness of major health problems of racial ethnic minorities and factors that influence health.
- Address the burden of diseases related to obesity, lack of physical activity and healthy nutrition, and maternal and child health issues through health education to communities.
- Improve the quality of care through the introduction of resources to communities.

L.H.A. training includes:

- Cultural Intelligence
- Hygiene
- Nutrition and Physical Activity
- Reproductive Health
- Oral Health
- Prevention and Control of Chronic Diseases
- Women's and Men's health
- Resources

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