

Create A Family Disaster Plan Contest

Purpose:

To celebrate September's National Preparedness Month, Southwest Nebraska Public Health Department (SWNPHD) wants every family to be prepared for emergencies by creating a communication disaster plan and map for their home. We hope to get kids involved in their families' preparedness by sponsoring a **Create A Family Disaster Plan Contest** in which kids develop a disaster plan for their home.

Prizes:

Two winners will be chosen by drawing entrants randomly. Each winner will receive an iTunes gift card.

Contest Rules:

Entry into the contest includes a completed entry form (see below) a copy of your family plan with map, and a photo of you and your family. Applicants must be age 18 or under. Entry forms can be found on our website at www.swhealth.ne.gov or picked up at our office at 404 West 10th, McCook, NE.

The entry form and picture must be submitted by **Friday, September 26, 2014** by emailing to info@swhealth.ne.gov or mailing to SWNPHD, PO Box 1235, McCook, NE 69001.

Winners will be announced on Monday, September 29th with their picture posted on our website, Facebook and Twitter. SWNPHD will also notify the winners by phone or email.

Plan Suggestions:

Be creative and tailor your disaster plan to meet the needs of your individual family and be sure to remember your pets!

A great resource to help in making your plan is available on our web site under the Preparedness page. Go to www.ready.gov/kids/make-a-plan or in Spanish www.ready.gov/es/ninos and print out a sample plan and map for your family.

For questions email Heidi at erc@swhealth.ne.gov or call 308-345-4223.

Create-A-Family Disaster Plan

Entry Form

Name: _____ Age: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

Entry into this contest gives us permission to post your submission to our website, Facebook, twitter or other media. I consent that the photo or video taken of me today may be used by Southwest Nebraska Public Health Department in their publications or on their web page for media or marketing purposes.

Essay:

Explain what you put in your disaster plan, how it relates to your family, where you will keep it and anything else you would like us to know about your emergency plans and preparations.

Don't forget to attach a picture of you and your family and your disaster plan!